oposal Form No.:	ManipalCigna Health Insuran	ce Company Limit
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ManipalCigna Health Insurance Company Limited
(Formerly known as CignaTTK Health Insurance Company Limited)
Corporate Office: 401/402, Raheja Titanium, Western Express Highway,
Goregaon (E), Mumbai - 400063. IRDAI Registration No. 151.
Call (Toll Free): 1800-102-4462 Visit: www.manipalcigna.com

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<sup>^^</sup>Please provide the details to enable us to serve you better.

_	March 2025
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	Physician Details:				.	_			
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	wish to assign a Caregiver for your Policy/		No If	Yes, please pr					
Name*	:     F   I   R   S   T	N A M E	M I		N A M		U R N A	M E	
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	er can be a close family member who would take care	of the Insured Per	rson in any kind of	nealth care event	, wnetner emerge	ency or planned. I	ne Caregiver mig	nt not be the SO	S contact.
	provide the details to enable us to serve you better.  WINEE DETAILS*:								
S. No.	Particulars		Nom	ninee 1		Nominee 2		Nomine	e 3
1	Name								
2	Age								
3	Mobile No.								
4	Email ID								
5	Correspondence Address								
6	Permanent Address								
7	Relationship with Proposer								
8	Specify the percentage (%) of the claim amo to each nominee in the event of the policyhol The total percentage of contribution across a nominee must not exceed 100%	der's death.							
9	Bank Details of Nominee Account No. IFSC/MICR Code Name of Bank Account Holder Name								
10	Appointee Details (Required only if nominee Name Age <sup>*</sup> Mobile No. E-mail ID Relationship with Nominee	is a minor)							
contacting n the eve proceeds A Minor s	cent regulatory mandate, nomination details are mand g us on 1800-102-4462, or visit our nearest branch. Int of death of the Proposer, any payment due under the by such nominee would be sufficient discharge to the Co	e Policy shall beco	ome payable to the	nominee, as per s	section 39 of the I	nsurance Act, 193			
	LICY/PLAN DETAILS*: *: 1 Year	Proposed P	olicy Period: F	From D	D M M Y	а	t :	Hrs	
		(Must be on or la	ater than instrume		_       .				
INSU Partice	RED DETAILS*: (Sum Insured only for	1	1		l			I	1
	and 5	Insured 1	Insured 2	Insured 3	Insured 4	Insured 5	Insured 6	Insured 7	Insure
Name (First*,	Middle, Last*)								
Gende	r*								
DOB*									
Relatio	nship with Proposer*								
ABHA	Number^^^								
Height	(Cms)								
Weight	* (Kgs)								
	ation/ Industry Type/ Nature of Job*								
City*									+
Sum In (only fo	sured* or individual cover and Multi-individual cover)								
(Addre	d address if different from Proposer ss, Gram Panchayat, City, Town (District), Pin Code)								
PEP/R	elatives of PEP ^ (Y / N)								
CKYC	Number								
If PEP de	ly exposed person, tails are not provided, we will consider the same as "N e provide ABHA number (Ayushman Bharat Health Ac an ABHA number by visiting the web link: https://healt	count number) for		nsured Persons. Ir	n case the ABHA	number is not ava	ilable for any Ins	ured Person, you	ı may request
	all insured Indian National and Indian Residen Please mention country	ts? Yes	No						

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<b>/</b> .	MEDICAL A	ND L	IFEST	YLE INFOR	MA.	TION*:											
Me	dical questio	ns							Insure	d 1	Insured	2	Insured 3		Insured 4	In	sured 5
1.	Has any of the applicants ever been diagnosed with or suspected have Cancer or Rheumatoid Arthritis or Ulcerative Colitis or Crohi disease or Chronic Liver Disease, Hepatitis B, Cirrhosis or Chronic Kidney Disease or Kidney failure or Epilepsy or Fits or Stroke.  Paralysis or Parkinsonism or Alzheimer's or Multiple sclerosis or Bratumor or Cerebral Palsy or Heart Failure or Heart Attack or Angina Coronary Artery Disease or Ischemic Heart Disease or Chronic Bronchitis or Intestitial Lung Diseases or Pneumoconiosis Emphysema.								□YES [	NO	YES	]NO	□YES □NO		_YES		ES NO
2.	treatment (o	perate	d, hos	fered or currer pitalised, inve week for any m	estig	ated) or be			YES	NO	YES	]NO	YES NO	[	YES NO	\	ES NO
a.	Diabetes Mell	litus							YES	NO	YES	NO	YES NO	][	YES NO		ES NO
b.	Hypertension	ı							YES	NO	YES	NO	YES NO	[	YES NO		ES NO
C.	High Cholesterol								YES	NO	YES _	NO	YES NO	[	YES NO	/	ES NO
d.	Thyroid disorders (Goitre, Hyperthyroidism, Hypothyroidism Thyroditis, any other)							oidism,	YES [	NO	YES	NO	YES NO		YES NO		ES NO
e.	Tract Infection Deep vein the	n, Low rombos	ver Res	Asthma, Tube spiratory Tract ncope, Hypotel and lung condit	Infe nsion	ction, Varico	se	veins,	YES [	NO	YES _	]NO	YES NO	[	YES NO		ES NO
f.	Cholecystitis/	Choleli Pancre	ithiasis eatitis, l	orders (Pept (Gall Bladders Jmbilical Hern anyother)	stone	s), Piles, An	al F	issure,	YES [	NO	YES _	]NO	YES NO	[	YES NO		ES NO
g.	headaches Retardation,	/ Migr Anxiety	aine, I , Depre	c (Mental) disc Febrile Conv ssion, Psychos ory loss), Atte	ulsic sis, A	ons, Vertigony other Psy	o, ľ	Mental ological	YES [	NO	YES _	NO	YES NO	[	YES NO		ES NO
h.				al) disorders (P Disorders, any d			dis	orders,	YES [	NO	YES _	NO	YES NO	[	YES NO		ES NO
i.	Osteoarthirit Osteoporosis	tis, Sh s, Prola	oulder pse of	cle disorders Dislocation, Inter-vertebral p Replacemen	Spo	ndylitis/Spo (disc prolar	nd	lylosis,	YES [	NO	YES _	]NO	YES NO	[	YES NO		ES NO
j.	Hearing loss	s, Nas	al Poly	sorders (Otitis-r p, Sinusitis, ract, Glaucoma	Dev	iated Nasal			YES [	NO	YES	]NO	YES NO		YES NO	\	ES NO
۲.	Recurrent Uri urinary bladde testes, Phimo	inary tra er, Beni osis, Br	act infed ign Hyp reast lui	ological disorde ction, Stricture pertrophy of Pro mp, Ovarian c ing, Bartholin's	Uretl state yst, E	nra, Cytitis/ II e, Hydrocele, Endometriosi	nfed Tor s, F	ction of rsion of Fibroid,	YES [	_NO	YES _	]NO	YES NO		YES NO	\	ES NO
	Blood and related disorders (Anaemia, Thalassaemia, Sexu transmitted diseases, HIV / AIDS (Acquired Immuno-deficie syndrome), any other)							YES [	NO	YES	]NO	YES NO		YES NO	\	ES NO	
m.	Skin disorders lump/growth			czema, Derma r, any other)	titis,	Urticaria, Viti	ligo		YES [	NO	YES _	,	YES NO	[	YES NO	_	ES NO
٦.	_			/ disorder / surg					YES	NO	YES	NO	YES NO	] [	YES NO	/	ES NO
3.	Has any of the applicants recommended to undergo or has undergo any pathologic or radiologic tests for any illness other than the clisted above and routine or annual health check-up?								YES [	NO	YES	NO	YES NO		YES NO		ES NO
4.	Is any applicant currently not in good health and undergoing investigation or treatment or medication for any illness or med								YES	NO	YES _	NO	YES NO	[	YES NO		ES NO

(If yes portability form to be completed and attached)

No

Migration: Yes

Plan Type\*: Individual

Sum Insured (INR)

Floater

condition (Physical/ Mental/ Sleep disorders)?

Portability: Yes

Arogya Sanjeevani Policy, ManipalCigna | UIN: MCIHLIP20156V011920 | URN: 2025/AS/V1.03/OFF | March 2025

(If yes migration form to be completed and attached)

No

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H/	ABITS AND LIFESTYLE QUESTIONS	Insured 1	Insured 2	Insured 3	Insured 4	Insured 5
1.	To be answered by applicants who chew tobacco / smoke / consume alcohol. Please tick the relevant box(es) below	YES NO				
A.	Smoke	YES NO				
1.	Since how long does the applicant smoke					
a.	<=20 years ( ☑ Tick if applicable)					
b.	>20 years ( ☑Tick if applicable)					
В.	Tobacco	YES NO				
1.	How many Pan masala / gutka packets does the applicant has in a day					
a.	1-3 packets/day ( ☑Tick if applicable)					
b.	4-6 packets/day ( ☑ Tick if applicable)					
C.	>6 packets/day ( ☑Tick if applicable)					
C.	Alcohol	YES NO				
1.	How frequently does the applicant consume alcohol					
a.	1-3 days/ week ( ☑ Tick if applicable)					
b.	3-6 days / week ( ☑ Tick if applicable)					
C.	Daily ( ☑Tick if applicable)					

## V. ADDITIONAL MEDICAL INFORMATION:

If answers to any of the above medical questions are 'Yes', please provide further details below. Please attach extra sheets if required.

Sr. No.	Insured 1	Insured 2	Insured 3	Insured 4	Insured 5
Name of Insured					
Name of illness/injury suffering from or suffered in the past					
Date of first diagnosis (Month & Year)					
Name of Medication/Treatment received /receiving					
Whether fully cured					

Signature	οf	Pro	poser	*•

(A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch)

## **VI. PREVIOUS INSURANCE DETAILS:**

Pease fill the following details with respect to health insurance policies(s) currently or held with the Company or any other insurance company (Individual or Group)?

Insured	Policy No.	Type of Policy e.g. Mediclaim, PA,	Insurer Name	From Date	To Date	Sum Insured	Clai	Claim Details		Cumulative Bonus Earned	
		CI, Hospital Cash						Claimed Amount		%	Amount
Insured 1											
Insured 2											
Insured 3											
Insured 4											
Insured 5											

## VII. Current Insurance Details

In the unfortunate event of claim, the below information will facilitate Us, in case you have chosen Us as a Primary insurer to coordinate with other insurers to ensure the hassle free settlement of your claim as per the applicable policy terms and conditions.

Please fill the following details with respect to health indemnity insurance policies(s) currently with any other insurance company?

Insured	Policy No	Insurer Name	From Date	To Date	Sum Insured	Cumulative I	Bonus Earned
						%	Amount
Insured 1							
Insured 2							
Insured 3							
Insured 4							
Insured 5							

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Signature of Proposer \*:

(A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch)

remium Paid by: First			Middle						Last				Relationship to Proposer:								
Premium Amount:						Vords													-		
Signature:					_																
Payment Option: Cheq	ae	Dema	and Dra	ft	Pay	Order		Credit	Card		Debi	t Card		Ca	ash			BASBA	<b>A</b> \$		
For Cheque / DD / Cred	t Card/	Debit Ca	ard/ PO	/ Other	s (Ple	ase spe	cify)														
Payable in favour of "Ma	nipalCig	na Heal	th Insur	ance Co	ompar	ny Limite	ed" - P	ropos	al for	m No	)										
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Account Number: IFSC/MICR Code:	ccount*				лечи	edoesni	ot hav	e all th	e det	ails requ	uired fo	or elec	tronic f	und tra	nsfe	er.					
Account Number: IFSC / MICR Code: Name of the Bank:					neque	e does no	ot hav	e all th	e deta	ails requ	uired fo	or elec	tronic f	und tra	nsfe	er.					
Account Number: IFSC / MICR Code: Name of the Bank: Account Holder Name:																					
Account Number: IFSC/MICR Code: Name of the Bank: Account Holder Name: I agree and undertake to	o intimate	e in writi		anipalC	igna F	Health In											I als	so here	by ce	ertify t	hat
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Date: DDMMYYYY

X. Declaration & Authorisation*:
I/We hereby declare, on my behalf and on behalf of all persons proposed to be insured, that the above statements, answers and/ or particulars given by me are true and complete in all respects to the best of my knowledge and that I/We am/are authorised to propose on behalf of these other persons.
I understand that the information provided by me will form the basis of the insurance policy, is subject to the Board approved underwriting policy of the insurer and that the policy will come into force only after full receipt of the premium chargeable.
I/We further declare that I/We will notify in writing any change occurring in the occupation or general health of the life to be insured/proposer after the proposal has been submitted but before communication of the risk acceptance by the company.
I/We declare and consent to the company seeking medical information from any doctor or from a hospital who/which at anytime has attended on the person to be insured/proposer or from any past or present employer concerning anything which affects the physical or mental health of the person to be insured/proposer and seeking information from any insurer to whom an application for insurance on the person to be insured/proposer has been made for the purpose of underwriting the proposal and/or claim settlement.
I/We authorize the company to share information pertaining to my proposal including the medical records of the insured/proposer for the sole purpose of underwriting the proposal and/or claims settlement and with any Government and/or Regulatory authority including seeking and/or sharing of my medical data through ABHA
Libereby provide my/our explicit and informed consent to Company or its representatives to contact me and members insured under the Policy (including

insured/proposer or from any past or present employer concerning anything w	ny doctor or from a hospital who/which at anytime has attended on the person to be which affects the physical or mental health of the person to be insured/proposer and the person to be insured/proposer has been made for the purpose of underwriting the
	al including the medical records of the insured/proposer for the sole purpose of t and/or Regulatory authority including seeking and/or sharing of my medical data
	s representatives to contact me and members insured under the Policy (including regulations) and / or notify about the services being rendered by the Company.
representatives to access/download/verify/register/ update my/our KYC of any servicing, claims and other requests. (*Central Registry of Securitisa	ed by me/us in the proposal form maybe used by the Company or its authorized documents on/from the CERSAI* CKYC portal for processing this application and for tion and Asset Reconstruction and security Interest of India.) I hereby consent that I in the above registered number/email address related to this proposal / policy.
Further, I hereby provide my/our explicit and informed consent to and auth	orize ManipalCigna Health Insurance Company Limited ("Company") and its
("Personal Information") provided by me, as per the privacy policy of the	personal information and claim information of all members insured under the Policy Company, for the sole purpose of servicing the policy. I also declare that I have the collect/ process/ authorize sharing of all Personal Information with the insurance sole purpose of insurance policy servicing.
I hereby agree to the Terms and Conditions of the policy/ies.	
	Signature of Proposer *:
Date:   D   D   M   M   Y   Y   Y   Place:	(A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch
XI. VERNACULAR DECLARATION:	
I hereby declare that, I have fully explained the contents of the proposal form a him/her and that the Proposer has affixed the thumb impression above after ful	nd terms and conditions of the Policy to the Proposer in the language understood to ly understanding the contents thereof.
Date: DDM M Y Y Y Place:	Signature of Proposer *:
Date. DIDIMINI T T T T Fidee.	(A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch)

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## XII. INTERMEDIARY CONFIDENTIALITY REPORT\*: (Full Name) in my capacity as an Insurance Advisor/ Specified Person of the Corporate Agent/Authorised employee of the Broker/Relationship Officer, do hereby declare that I have explained all the contents of this Proposal Form, including the nature of the questions contained in this Proposal Form to the Proposer including statement(s), information and response(s) submitted by him/her in this Proposal Form to questions contained herein or any details sought herein will form the basis of the Contract of Insurance between the Company and the Proposer, if this Proposal is accepted by the Company for issuance of the Policy. I have further explained that if any untrue statement(s)/information/response(s) is/are contained in this Proposal Form/including addendum(s), affidavits, statements, submissions, furnished/to be furnished, the Company shall have the right to vary the benefits which may be payable and further more if there has been a non-disclosure of any material fact, the Policy issued to his/her favour pursuant to this Proposal may be treated by the Company as null and void and all premiums paid under the Policy may be forfeited to the company. 25 License No. / ID (Advisor/Corporate Agent/Broker/Relationship Officer): Signature of Agent: Prohibition of Rebates (Under Section 41 of the Insurance Act, 1938): 1. No person shall allow or offer to allow, either directly or indirectly, as an inducement to any person to take or renew or continue an insurance in respect of any kind of risk relating to lives or property in India, any rebate of the whole or part of the commission payable or any rebate of the premium shown on the policy, nor shall any person taking out or renewing or continuing a policy accept any rebate, except such rebate as may be allowed in accordance with the published prospectuses or tables of the insurer. 2. Any person making default in complying with the provisions of this section shall be liable for a penalty which may extend to ten lakh rupees. ACKNOWLEDGEMENT: (Tear Off) Received from Ms / Mrs / Mr a sum of ₹ through Cash/ Cheque/DD/Credit Card/Debit Card No. /Others Policy. against your proposal for Signature of ManipalCigna official / Intermediary: Date: ManipalCigna official / Intermediary Name: Place: Time: Note: Neither the submission of a completed proposal for insurance or any payment for any Policy sought oblige the Company to agree to issue a Policy, which decision is and always shall be in the Company's sole and absolute discretion. If ManipalCigna Health Insurance Company Limited accepts a proposal for insurance, it shall be subject to the board approved underwriting policy of the Company and the Policy terms and conditions of this Policy and the Company shall have no liability to make any payment if premium is not received by ManipalCigna Health Insurance Company Limited in full and in time, or is not realised. Should you choose to pay premium by Cash, you are advised to do so only at the nearest ManipalCigna branch or its authorised collection points. Handing over cash to any Advisor/Employee is solely at your own risk and the Company shall in no way be held responsible for any loss in this regard.

Insurance is a subject matter of solicitation