

MANIPALCIGNA PROHEALTH INSURANCE

CUSTOMER INFORMATION SHEET/KNOW YOUR POLICY

This document provides key information about your policy. You are also advised to go through your policy document.

SI No.	Title	Description (Please refer the Policy 0	Description (Please refer the Policy Clause Number in next column)	
1	Name of Insurance Product/Policy	ManipalCigna ProHealth	Insurance - Accumulate	
2	Policy Number	XXXXXXXX		
3	Type of Insurance Product/Policy	elements of both) Indemnity - Where insulation Insured under the policy Benefit - Where the Insulation	Both indemnity and Benefit (where the policy has elements of both) Indemnity - Where insured losses are covered up to Sum Insured under the policy Benefit - Where the Insurance Policy pays a fixed amount under the policy on the occurrence of a covered event	
		Individual Sum Insured a separate sum insured	d - Where each insured member has under the policy,	
		Insured Name	Sum Insured (in ₹)	
		<insured 1="" name=""></insured>	xxxxx	
		<insured 2="" name=""></insured>	XXXXX	
		<insured 3="" name=""></insured>	XXXXX	
			Or Where all members under the policy ed limit which may be utilized by any	
	Sum Insured	Insured Name	Sum Insured (in ₹)	
4	(Basis) (Along with amount)	<insured 1="" name=""></insured>		
		<insured 2="" name=""></insured>	xxxxx	
		<insured 3="" name=""></insured>		
			alth Maintenance Benefit d - Where each insured member has the policy	
		Insured Name	Sum Insured (in ₹)	
		<insured 1="" name=""></insured>	xxxxx	
		<insured 2="" name=""></insured>	xxxxx	
		<insured 3="" name=""></insured>	xxxxx	
	Or			



			————Health Insura	nce —
			- Where all members under the policy ured limit which may be utilized by any	
		Insured Name	Sum Insured (in ₹)	
		<insured 1="" name=""></insured>		
		<insured 2="" name=""></insured>	xxxxx	
		<insured 3="" name=""></insured>		
			ation (When you are hospitalised) to ₹5.5 Lacs - Covered up to Single	D.I.1
		Room Category exce 2. Pre - hospitalization	5 Lacs and Above - Covered up to any ept Suite or higher category n overed up to 60 days before date of	D.I.2
		3. Post - hospitalization	on overed up to 90 days post discharge	D.I.3
		4. Day Care Treatmen	t nit of Sum Insured opted	D.I.4
		5. Domiciliary Treatme	ent (Treatment at Home) nit of Sum Insured opted	D.I.5
		6. Ambulance Cover (R	eimbursement of Ambulance Expenses)	D.I.6
			hospitalization event ospitalization Expenses of the organ)	D.I.7
		Covered up to full Su	ım İnsured	
	Policy		ncy Cover (Outside India) Im Insured once in a Policy Year	D.I.8
5	Coverages		Insured (When opted Sum Insured	D.I.9
	(What the policy covers?)	is insufficient due t		
	,		is available in a Policy Year for addition to the Sum Insured opted	
		10. AYUSH Cover	·	D.I.10
		Covered up to full S 11. Health Maintenanc		D.I.11
		(Treatment that does	s not require hospitalization and can be	D.I. 11
		Option to choose fro	t-Patient Department) om - ₹5000, ₹10000, ₹15000, ₹20000	
			pay for Co-pay or Deductible.	
			ayment against premium from first	
		Value Added Covers (This section lists the are available along with	additional value added benefits that	D.II.1
			y 3rd Policy year to all insured persons	D. II C
		who have completed 13. Expert Opinion on Available once durin	Critical illness (By a Specialist)	D.II.2



14.	. Cumulative Bonus A guaranteed 5% Increase in Sum Insured per policy year,	D.II.3
	maximum up to 200% of Sum Insured.	
15.	. Healthy Rewards	D.II.4
	Reward Points equivalent to 1% of paid premium, to be earned each year. Rewards can also be earned for enrolling and completing Our Array of Wellness Programs. These earned Reward Points can be used against payable premium (including Taxes) from 1st Renewal of the Policy.	
	OR they can be redeemed for equivalent value of Health Maintenance Benefits any time during the policy OR as equivalent value while availing services through our Network Providers as defined in the policy.	
Op	tional Covers (Applicable only if opted)	
1.	Hospital Daily Cash Benefit	D.III.1
	₹1000 for each continuous and completed 24 Hours of Hospitalization during the Policy Year up to a maximum of 30 days in a policy year	
2.	Deductible	D.III.2
	(Please select the Sum Insured and Deductible amount as you have opted on the Policy. Deductible is the amount beyond which a claim will be payable in the Policy)	
	₹0.5/ 1/ 2/ 3/ 4/ 5/ 7.5 /10 Lacs	
3.	Waiver of Deductible	D.III.3
	Available	
4.	Voluntary Co-pay (The cost sharing percentage that you have opted will apply on each claim.)	D.III.4
	If you have opted for a Deductible, Voluntary Co-payment does not apply	
	10% or 20% Voluntary Co-payment for each and every claim as opted	
5.	Waiver of Mandatory Co-pay	
	Waiver of Mandatory co-payment of 20% for Insured Persons aged 65 years and above	D.III.5
6.	Cumulative Bonus booster	D.III.6
	A guaranteed 25% increase in Sum Insured per policy year, maximum up to 200% of Sum Insured	ט.ווו.ט



		Health Insura	ance
		Add on cover (Rider) (Applicable only if opted) This section lists the Add on cover available under your plan 1. ManipalCigna Critical Illness Add-on (UIN:	Add on policy wordings
6	Exclusions (What the policy does not cover)	 Investigation & Evaluation - Code - Excl. 04 Rest Cure, rehabilitation and respite care - Code - Excl. 05 Obesity/ Weight Control: Code - Excl. 06 Change-of-Gender treatments: Code - Excl. 07 Cosmetic or plastic Surgery: Code - Excl. 08 Hazardous or Adventure sports: Code - Excl. 09 Breach of law: Code - Excl. 10 Excluded Providers: Code - Excl. 11 Treatment for, Alcoholism, drug or substance abuse or any addictive condition and consequences thereof. Code - Excl. 12 Treatments received in heath hydros, nature cure clinics, spas or similar establishments or private beds registered as a nursing home attached to such establishments or where admission is arranged wholly or partly for domestic reasons. Code - Excl. 13 Dietary supplements and substances that can be purchased without prescription, including but not limited to Vitamins, minerals and organic substances unless prescribed by a Medical Practitioner as part of hospitalization claim or day care procedure. Code - Excl. 14 Refractive Error: Code - Excl. 15 Unproven Treatments: Code - Excl. 16 Sterility and Infertility: Code - Excl. 17 Maternity: Code - Excl. 18 External Congenital Anomaly or defects or any complications or conditions arising therefrom. 	E.I.4 to E.I.18 and E.II.4 to E.II.17



— Health Insurance

- 17. Dental treatment, orthodontic treatment, dentures or Surgery of any kind unless necessitated due to an Accident and requiring minimum 24 hours Hospitalization. Treatment related to gum disease or tooth disease or damage unless related to irreversible bone disease involving the jaw which cannot be treated in any other way, unless specifically covered under the Policy.
- 18. Circumcision unless necessary for treatment of a disease, illness or injury not excluded hereunder or due to an accident.
- 19. Instrument used in treatment of Sleep Apnea Syndrome (C.P.A.P.) and Continuous Peritoneal Ambulatory Dialysis (C.P.A.D.) and Oxygen Concentrator for Bronchial Asthmatic condition, Infusion pump or any other external devices used during or after treatment.
- 20. Prostheses, corrective devices and medical appliances, which are not required intra-operatively for the disease/ illness/ injury for which the Insured Person was Hospitalized.
- 21. Any stay in Hospital without undertaking any treatment or any other purpose other than for receiving eligible treatment of a type that normally requires a stay in the hospital
- 22. Treatment received outside India other than for coverage under World Wide Emergency Cover, Expert Opinion on Critical Illnesses.
- 23. Costs of donor screening or costs incurred in an organ transplant surgery involving organs not harvested from a human body.
- 24. Any form of Non-Allopathic treatment (except AYUSH Treatment) Hydrotherapy, Acupuncture, Reflexology, Chiropractic treatment or any other form of indigenous system of medicine.
- 25. All Illness/expenses caused by ionizing radiation or contamination by radioactivity from any nuclear fuel (explosive or hazardous form) or from any nuclear waste from the combustion of nuclear fuel nuclear, chemical or biological attack or in any other sequence to the loss.
- 26. All expenses caused by or arising from or attributable to foreign invasion, act of foreign enemies, hostilities, warlike operations (whether war be declared or not or while performing duties in the armed forces of any country), participation in any naval, military or air-force operation, civil war, public defense, rebellion, revolution, insurrection, military or usurped power, active participation in riots, confiscation or nationalization or requisition of or destruction of or damage to property by or under the order of any government or local authority.



		 27. All non-medical expenses including convenience items for personal comfort not consistent with or incidental to the diagnosis and treatment of the disease/illness/injury for which the Insured Person was hospitalized - belts, collars, splints, slings, braces, stockings of any kind, diabetic footwear, thermometer and any medical equipment that is subsequently used at home except when they form part of room expenses, procedure charges and cost of treatment. For complete list of Non-medical expenses, please refer to the Annexure IV List -I "Items for which Coverage is not available in the Policy 28. Any deductible amount or percentage of admissible claim under co-pay if applicable and as specified in the Policy Schedule. 29. Pre-existing condition disclosed by the Insured Person will be reviewed according to the company's underwriting policy. 	
		a. Initial Waiting Period: 30 days for all illnesses (not applicable in case of continuous renewal or accidents).	5.10
		 b. Specific Waiting Period (Not Applicable for claims arising due to accident): 24 Months for following diseases: i. Cataract 	E.I.2
7	Waiting Period Time period during which specified disease/ treatment are not covered. It is counted from the beginning of the policy coverage.	 ii. Hysterectomy for Menorrhagia or Fibromyoma or prolapse of Uterus unless necessitated by malignancy myomectomy for fibroids, iii. Knee Replacement Surgery (other than caused by an Accident), Non-infectious Arthritis, Gout, Rheumatism, Oestoarthritis and Osteoposrosis, Joint Replacement Surgery (other than caused by Accident), Prolapse of Intervertibral discs (other than caused by Accident), all Vertibrae Disorders, including but not limited to Spondylitis, Spondylosis, Spondylolisthesis, Congenital Internal, iv. Varicose Veins and Varicose Ulcers, v. Stones in the urinary uro-genital and biliary systems including calculus diseases, vi. Benign Prostate Hypertrophy, all types of Hydrocele, vii. Fissure, Fistula in anus, Piles, all types of Hernia, Pilonidal sinus, Hemorrhoids and any abscess related to the anal region. viii. Chronic Suppurative Otitis Media (CSOM), Deviated Nasal Septum, Sinusitis and related disorders, Surgery on tonsils/Adenoids, Tympanoplasty and any other benign ear, nose and throat disorder or surgery. ix. gastric and duodenal ulcer, any type of Cysts/Nodules/Polyps/internal tumors/skin tumors, and any type of Breast lumps (unless malignant), Polycystic Ovarian Diseases, 	



		A	
		 Any surgery of the genito-urinary system unless necessitated by malignancy. 	
		c. Pre-existing Disease: Covered after 36 Months	E.I.1
		d. Personal Waiting period: A special Waiting Period not exceeding 36 months, may be applied to individual Insured Persons for the list of acceptable Medical Ailments listed under Underwriting Manual of the Product, depending upon declarations on the proposal form and existing health conditions. Such waiting periods shall be specifically stated in the Schedule and will be applied only after receiving Your specific consent.	E.II.2
		The policy will pay only up to the limits specified hereunder for the following diseases/procedures: Not Applicable	
	Financial limits of coverage • Sub-limit (it is pre-defined limit and the insurance company will not pay any amount in excess of this limit	 2. In case of claim, this policy requires you to share the following sub limits: Expense exceeding Sub-limits Room/ICU Charges For Sum Insured up to ₹5.5 Lacs - Covered up to Single Private Room For Sum Insured ₹7.5 Lacs and Above - Covered up to any Room Category except Suite or higher category For the following specified disease No sublimit on any disease. 	D.I.1
8	 Co-payment (it is a specified amount percentage of admissible claim amount to be paid by policyholder/insured). Deductible (It is specified amount: up to which and insurance company will not pay any claim, and which will be deducted from total claim amount (if claim amount is more than specified amount) Any other limit (as applicable) 	3. Co-Payment XXXX% *Zonal Co-Payment Identification of Zone will be based on the location-City of the proposed Insured Persons. a. Persons paying Zone I premium can avail treatment all over India without any Co-pay. b. Persons paying Zone II premium i. Can avail treatment in Zone II and Zone III without any Co-pay. ii. Availing treatment in Zone I will have to bear 10% of each and every claim. c. Person paying Zone III premium i. Can avail treatment in Zone III, without any Co-pay. ii. Availing treatment in Zone II will have to bear 10% of each and every claim. iii. Availing treatment in Zone I will have to bear 20% of each and every claim. Aforesaid Co-payments for claims occurring outside of the Zone will not apply in case of Hospitalization due to Accident. The aforesaid Co-payments applicable are in addition to the Voluntary Co-pay under Section D.III.4 (if opted) and Mandatory Co-pay. A mandatory co-payment of 20% will be applicable for insured's aged 65 years and above 4. Deductible Deductible of ₹XX will apply per policy year on aggregate	F.II.10 & F.II.6
		Deductible of ₹XX will apply per policy year on aggregate basis.	



9	Claims/Claims procedure	Details of procedure to be followed for cashless services as well as for reimbursement of claim including pre and post hospitalization: To know the process for our cashless and reimbursement claims visit - https://www.manipalcigna.com/claims Turn Around Time (TAT) for claim settlement i. TAT for pre-authorization of cashless facility - within 1 hour from the last complete document. ii. TAT for cashless final bill authorization - within 3 hours from the last complete document Web links for the followings: i. Network hospital details - https://www.manipalcigna.com/locate-us ii. Helpline Number - https://www.manipalcigna.com/claims iii. Hospital which are blacklisted or from where no claims will be accepted by insurer - https://www.manipalcigna.com/locate-us iv. Link for downloading claim form - https://www.manipalcigna.com/downloads/claims	G.I.4
10	Policy Servicing	For hassle free policy servicing customer can manage their policy by clicking on- https://eservicing.manipalcigna.com/login or Download myManipalCigna App from Playstore or appstore	
11	Grievances/ Complaints	LEVEL 1 Health Relationship Managers Call our toll-free number 1800-102-4462 between 9:00 AM to 9:00 PM. Email us at: headcustomercare@manipalcigna.com For Senior Citizen Assistance: Seniorcitizensupport@ ManipalCigna.com LEVEL 2 Grievance Redressal Officer Call us on 022-71781389 between 10 am to 6 pm (Monday to Friday) Email us at: complaints@manipalcigna.com LEVEL 3 Chief Grievance Redressal Call us on 022-71781300 between 10 am to 6 pm (Monday to Friday) Email us at: Complaince@manipalcigna.com For Senior Citizen Assistance: Seniorcitizensupport@ ManipalCigna.com LEVEL 4 Approach Ombudsman The office Name and address details applicable for your state can be obtained from https://www.cioins.co.in/Ombudsman	F.I.16

		Courier: Any of Our Branch office or corporate office during	
		business hours. Insured Person may also approach the grievance cell at any of	
		company's branches with the details of the grievance. If Insured	
		Person is not satisfied with the redressal of grievance through one	
		of the above methods, insured person may contact the grievance	
		officer at,	
		'The Grievance Cell,	
		ManipalCigna Health Insurance Company Limited,	
		Techweb center 2nd Floor New Link Rd,	
		Anand Nagar, Jogeshwari West, Mumbai, Maharashtra 400102, India or	
		Email: headcustomercare@manipalcigna.com.	
		For updated details of grievance officer, kindly refer link - https://	
		www.manipalcigna.com/grievance-redressal If Insured person is not	
		satisfied with the redressal of grievance through above methods,	
		the Insured Person may also approach the office of Insurance	
		Ombudsman of the respective area/region for redressal of grievance	
		as per Insurance Ombudsman Rules 2017. The contact details of	
		Ombudsman offices attached as Annexure I to this Policy document. Grievance may also be lodged at IRDAI complaints management	
		system - https://bimabharosa.irdai.gov.in/	
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		You may also approach the Insurance Ombudsman if your complaint	
		is open for more than 30 days from the date of filing the complaint	
		Free Look Cancellations: The Free Look period shall be	F.I.15
		applicable on new individual health insurance policies and not	1 10
		on renewals or Ported/Migrated policies.	
		The insured person shall be allowed a free look period of 30	
		days from date of receipt of the policy document to review the	
		terms and conditions of the policy and to return the same if not	
		acceptable. Free look is applicable only, if the insured has not	
		made any claim or opted for any benefit during the Free Look	
		Period.	
		To avail:	
		- Customer can request for cancellation writing to -	
		customercare@manipalcigna.com from the registered email	
		id with us. OR	
40	Things to	- Customer can also visit any MCHI Branch and give a written	
12	remember	request	
		Policy Renewal: The policy shall ordinarily be renewable	F.I.10
		except on grounds of established fraud or non-disclosure or	
		misrepresentation by the insured person.	
		Microtian: The Incurred Develop will be set the autients with	
		Migration: The Insured Person will have the option to migrate	F.I.8
		the Policy to other health insurance products/plans offered by the company by applying for migration of the policy at least 30	
		days before the policy renewal date as per IRDAI guidelines	
		on Migration. If such person is presently covered and has been	
		continuously covered without any lapses under any health	
		insurance product/plan offered by the company, the insured	
		person will get the accrued continuity benefits in waiting	
		periods as per IRDAI guidelines on migration.	
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- Customer can share for migration of the policy 30 days prior to the renewal date by writing to customercare@manipalcigna.com from an email registered with us OR
- Visit nearest ManipalCigna Branch and submit a written request OR
- Contact the intermediary/agent assigned to the customer for assistance

Portability: The Insured Person will have the option to port the Policy to other insurers by applying to such insurer to port the entire policy along with all the members of the family, if any, at least 30 days before, but not earlier than 60 days from the policy renewal date as per IRDAI guidelines related to portability. If such person is presently covered and has been continuously covered without any lapses under any health insurance policy with an Indian General/Health insurer, the proposed Insured Person will get all the accrued continuity benefits in waiting periods as per IRDAI guidelines on portability.

To avail:

- Customer can share for portability of the policy 30 days prior to the renewal date by writing to customercare@manipalcigna.com from an email registered with us OR
- Visit nearest ManipalCigna Branch and submit a written request OR
- Contact the intermediary/agent assigned to the customer for assistance

Change in Sum Insured: It will be allowed at the time of Renewal of the Policy. You can submit a request for the changes by filling the proposal form before the expiry of the Policy. We reserve Our right to carry out underwriting in relation to acceptance of request for change of Sum Insured

Moratorium Period: After completion of 60 continuous months (including portability and migration) under the policy no look back would be applied. This period of 60 months is called as moratorium period. The moratorium would be applicable for the sums insured of the first policy and subsequently completion of 60 continuous months would be applicable from date of enhancement of sums insured only on the enhanced limits. After the expiry of Moratorium Period no health insurance claim under this policy shall be contestable except for proven fraud and permanent exclusions specified in the policy contract.

F.I.9

F.II.9.h

13	Your Obligations	 Disclosure of Information a. The Policy shall be null and void, and all premium paid thereon shall be forfeited to the Company in the event of any misrepresentation or mis-description of any material fact by the policyholder. b. The Policy shall be null and void, and all premium paid thereon shall be forfeited to the Company in the event of non-disclosure of any material fact by the policyholder. ("Material facts" for the purpose of this Policy shall mean all relevant information sought by the company in the proposal form and other connected documents to enable it to take informed decision in the context of underwriting the risk) 	F.I.1
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Declaration by the Policy Holder:

I have read the above and confirm having noted the details.	
Place:	
Date:	(Signature of Policyholder)

Note:

- i. Insured/policyholder can get the product related document at https://eservicing.manipalcigna.com/document-vault
- ii. In case of any conflict, the terms conditions mentioned in the policy document shall prevail.

(Benefits and exclusion are applicable as per the plan chosen, please refer the policy schedule for the applicable benefits).