

**MANIPALCIGNA PROHEALTH PRIME**
**CUSTOMER INFORMATION SHEET/KNOW YOUR POLICY**

This document provides key information about your policy. You are also advised to go through your policy document.

SI No.	Title	Description (Please refer the Policy Clause Number in next column)	Policy Clause Number																						
1	Name of Insurance Product/Policy	ManipalCigna ProHealth Prime - Advantage																							
2	Policy Number	xxxxxxxx																							
3	Type of Insurance Product/Policy	<ul style="list-style-type: none"><li>• <b>Both indemnity and Benefit</b> (Where the policy has elements of both) <b>Indemnity</b> - Where insured losses are covered up to Sum Insured under the policy. <b>Benefit</b> - Where the Insurance Policy pays a fixed amount under the policy on the occurrence of a covered event.</li></ul>																							
4	Sum Insured (Basis) (Along with amount)	<ul style="list-style-type: none"><li>• <b>Individual Sum Insured</b> - Where each insured member has a separate sum insured the policy,<table><tr><th>Insured Name</th><th>Sum Insured (in ₹)</th></tr><tr><td>&lt;Insured Name 1&gt;</td><td>xxxxxx</td></tr><tr><td>&lt;Insured Name 2&gt;</td><td>xxxxxx</td></tr><tr><td>&lt;Insured Name 3&gt;</td><td>xxxxxx</td></tr></table><p>Or</p><li>• <b>Floater Sum Insured</b> - Where all members under the policy have a single sum insured limit which may be utilized by any or all members.<table><tr><th>Insured Name</th><th>Sum Insured (in ₹)</th></tr><tr><td>&lt;Insured Name 1&gt;</td><td rowspan="3">xxxxxx</td></tr><tr><td>&lt;Insured Name 2&gt;</td></tr><tr><td>&lt;Insured Name 3&gt;</td></tr></table><p><b>Sum Insured under Outpatient Expenses</b></p><li>• <b>Individual Sum Insured</b> - Where each insured member has a separate sum insured the policy),<table><tr><th>Insured Name</th><th>Sum Insured (in ₹)</th></tr><tr><td>&lt;Insured Name 1&gt;</td><td>xxxxxx</td></tr><tr><td>&lt;Insured Name 2&gt;</td><td>xxxxxx</td></tr><tr><td>&lt;Insured Name 3&gt;</td><td>xxxxxx</td></tr></table><p>Or</p></li></li></li></ul>	Insured Name	Sum Insured (in ₹)	<Insured Name 1>	xxxxxx	<Insured Name 2>	xxxxxx	<Insured Name 3>	xxxxxx	Insured Name	Sum Insured (in ₹)	<Insured Name 1>	xxxxxx	<Insured Name 2>	<Insured Name 3>	Insured Name	Sum Insured (in ₹)	<Insured Name 1>	xxxxxx	<Insured Name 2>	xxxxxx	<Insured Name 3>	xxxxxx	
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5	Policy Coverages (What the policy covers?)	<p><b>1. In-patient Hospitalization (When you are hospitalized)</b></p> <ul style="list-style-type: none"><li>Room Rent: Covered up to Single Private AC Room</li><li>For ICU - Covered up to Sum Insured</li></ul> <p>This benefit shall also offer the below covers up to the limits mentioned:</p> <p>a. Listed Modern and Advanced Treatments: For Sum Insured &lt; ₹5 Lacs: Up to 50% of Sum Insured For Sum Insured &gt;= ₹5 Lacs: Up to Sum Insured</p> <p>b. HIV/AIDS &amp; STD: Up to Sum Insured</p> <p>c. Mental Illness: Up to Sum Insured</p> <p>For below mentioned ICD Codes: Waiting Period of 24 months shall apply.</p> <table><tr><th>ICD 10 CODES</th><th>DISEASES</th></tr><tr><td>F05</td><td>Delirium due to known physiological condition</td></tr><tr><td>F06</td><td>Other mental disorders due to known physiological condition</td></tr><tr><td>F07</td><td>Personality and behavioural disorders due to known physiological condition</td></tr><tr><td>F10</td><td>Alcohol related disorders</td></tr><tr><td>F20</td><td>Schizophrenia</td></tr><tr><td>F23</td><td>Brief psychotic disorders</td></tr><tr><td>F25</td><td>Schizoaffective disorders</td></tr><tr><td>F29</td><td>Unspecified psychosis not due to a substance or known physiological condition</td></tr><tr><td>F31</td><td>Bipolar disorder</td></tr><tr><td>F32</td><td>Depressive episode</td></tr><tr><td>F39</td><td>Unspecified mood [affective] disorder</td></tr><tr><td>F40</td><td>Phobic Anxiety disorders</td></tr><tr><td>F41</td><td>Other Anxiety disorders</td></tr><tr><td>F42</td><td>Obsessive-compulsive disorder</td></tr><tr><td>F44</td><td>Dissociative and conversion disorders</td></tr><tr><td>F45</td><td>Somatoform disorders</td></tr><tr><td>F48</td><td>Other nonpsychotic mental disorders</td></tr><tr><td>F60</td><td>Specific personality disorders</td></tr><tr><td>F84</td><td>Pervasive developmental disorders</td></tr><tr><td>F90</td><td>Attention-deficit hyperactivity disorders</td></tr><tr><td>F99</td><td>Mental disorder, not otherwise specified</td></tr></table>	ICD 10 CODES	DISEASES	F05	Delirium due to known physiological condition	F06	Other mental disorders due to known physiological condition	F07	Personality and behavioural disorders due to known physiological condition	F10	Alcohol related disorders	F20	Schizophrenia	F23	Brief psychotic disorders	F25	Schizoaffective disorders	F29	Unspecified psychosis not due to a substance or known physiological condition	F31	Bipolar disorder	F32	Depressive episode	F39	Unspecified mood [affective] disorder	F40	Phobic Anxiety disorders	F41	Other Anxiety disorders	F42	Obsessive-compulsive disorder	F44	Dissociative and conversion disorders	F45	Somatoform disorders	F48	Other nonpsychotic mental disorders	F60	Specific personality disorders	F84	Pervasive developmental disorders	F90	Attention-deficit hyperactivity disorders	F99	Mental disorder, not otherwise specified	D.I.1
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		<p><b>2. Pre - hospitalization</b> Medical Expenses Covered up to 60 days before the date of hospitalization; Covered upto the Sum Insured</p> <p><b>3. Post - hospitalization</b> Medical Expenses Covered up to 180 days post discharge from the hospital; Covered upto the Sum Insured</p> <p><b>4. Day Care Treatment</b> Covered up to the Sum Insured</p> <p><b>5. Domiciliary Hospitalization (Treatment at Home)</b> Covered up to 10% of the Sum Insured Pre and Post Hospitalization Expenses: 30 days each</p> <p><b>6. Road Ambulance (Reimbursement of Ambulance Expenses)</b> Covered up to the Sum Insured</p> <p><b>7. Donor Expenses (Hospitalization Expenses of the donor providing the organ)</b> Covered up to the Sum Insured</p> <ul style="list-style-type: none"> <li>• Pre &amp; Post Hospitalization expenses (Up to 30 days each) of the donor</li> <li>• Cost towards donor screening once in a Policy year for successful transplant</li> <li>• Complications arising during hospitalization or up to 30 days from date of discharge – Covered Up to 25% of Sum Insured subject to maximum of Rs.2 Lacs, Over and above Sum Insured.</li> </ul> <p>We will not cover expenses towards the Donor in respect of cost associated to the acquisition of the organ.</p> <p><b>8. Restoration of Sum Insured (When opted Sum Insured is insufficient due to claims)</b> Multiple Restoration is available in a Policy Year for all illnesses whether unrelated or same, in addition to the Sum Insured Applicable for below covers only D.I.1 - In-patient Hospitalization (Except for Bariatric Surgery) D.I.2 - Pre - hospitalization D.I.3 - Post - hospitalization D.I.4 - Day Care Treatment D.I.6 - Road Ambulance D.I.7 - Donor Expenses D.I.9 - AYUSH Treatment D.IV.1 - Non-Medical Items Restoration shall not get triggered for the 1st claim The maximum liability under a single claim shall not be more than Base Sum Insured + Cumulative Bonus + Restored Sum Insured</p> <p><b>9. AYUSH Treatment</b> Covered up to the Sum Insured</p> <p><b>10. Air Ambulance Cover</b> Covered up to Sum Insured subject to maximum of ₹10 Lacs in addition to the Sum Insured for expenses incurred on Air Ambulance</p> <p><b>11. Bariatric Surgery Cover</b> Covered up to the Sum Insured subject to maximum of ₹5 Lacs Waiting Period of 36 months shall apply for Bariatric Surgery</p>	<p>D.I.2</p> <p>D.I.3</p> <p>D.I.4</p> <p>D.I.5</p> <p>D.I.6</p> <p>D.I.7</p> <p>D.I.8</p> <p>D.I.9</p> <p>D.I.10</p> <p>D.I.11</p>
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	<p><b>12. Outpatient Expenses</b>  Option to choose from - ₹20,000, ₹30,000, Rs.50,000  Per Policy Year Can be used to pay for Consultations and Diagnostics including Dental and Vision: Up to 100% of the Sum Insured opted for Outpatient expenses.  Up to 20% of the Outpatient Limit can be used for Pharmacy (Drugs and Medicines prescribed by Network Medical Practitioners).  This benefit is available only on cashless basis from the Network providers of ManipalCigna Health Insurance Company Limited.  Any unutilized amount under this benefit shall not be carried forward to subsequent Policy Year.</p>	D.I.12
	<p><b>13. Daily Cash for Shared Accommodation</b>  Daily Cash benefit for occupying shared accommodation during In-patient Hospitalization, shall be covered as below:-</p> <ol style="list-style-type: none"> <li>For Sum Insured up to ₹10 Lacs: ₹800 per day up to maximum of ₹5,600</li> <li>For Sum Insured above ₹10 Lacs: ₹1,000 per day up to maximum of ₹7,000</li> </ol> <p>Payable for each continuous and completed 24 Hours of Hospitalization during the Policy Year.  This benefit gets triggered post 48 hours of In-patient Hospitalization and shall be payable from 1<sup>st</sup> day onwards.</p>	D.I.13
	<p><b>Value Added Covers</b>  <b>This section lists the additional value added benefits that are available along with your plan</b></p> <p><b>14. Health Check Up</b>  Available each Policy Year (including the first year), to all Adult Insured Persons who have completed 18 years of Age.</p> <ul style="list-style-type: none"> <li>For Sum Insured up to ₹5 Lacs: Package 1 subject to a maximum of up to ₹1,000 per adult member.</li> <li>For Sum Insured above ₹5 Lacs and up to ₹10 Lacs: Package 2 subject to a maximum of up to ₹2,500 per adult member.</li> <li>For Sum Insured above ₹10 Lacs: Package 3 subject to maximum of up to ₹5,000 per adult member.</li> </ul> <p>Annually from 1st year onwards. This benefit will not be available during the free look period of the Policy.  The packages shall be offered on cashless basis only.  However, the eligible insured may avail any health check from the MCHI Network of Health Check Up Center upto the limit specified</p>	D.II.1
	<p><b>15. Domestic Second Opinion</b>  Available for 36 listed Critical Illness/es</p>	D.II.2
	<p><b>16. Tele-Consultation</b>  Unlimited Tele-consultation during the Policy Year</p>	D.II.3
	<p><b>17. Cumulative Bonus</b>  A guaranteed bonus of 25% of Sum Insured for every completed Policy Year irrespective of claims, subject to a maximum accumulation up to 200% of the Sum Insured</p>	D.II.4

		<p><b>18. Switch Off Benefit</b>  The Policy can be Switched Off, after one year, any time during the Policy Year in case you/ Insured Person travel out of India, for a period maximum up to 30 days in a Policy Year. This benefit shall not be available for the last 90 days of the Policy Year.  Premium discount shall be calculated on pro-rated basis if Policy is switched off due to Insured Person (in individual Policy) or all Insured Persons (under floater Policy) travelling out of India and this discount shall be adjusted in the renewal premium falling due immediately after the expiring Policy Period.  The Policy will reactivate the cover on the requested date of Switch On as intimated to Us by You/ Insured Person.  The option to Switch Off the cover shall be available only once in a Policy Year and upto a maximum of 30 days at a stretch. This shall not deactivate the following cover, if opted:  i. Worldwide Emergency Hospitalization with Outpatient Cover under Freedom optional package  ii. Personal Accident Cover  iii. ManipalCigna Critical Illness Add-on Cover</p>	D.II.5
		<p><b>19. Wellness Program</b>  Rewards can be earned maximum up to 20% of expiring base Premium (excluding premium for optional covers, Rider and taxes), by completing activities specified under Our Healthy Life Management Program.  These earned Reward Points can be used against payable Renewal premium (excluding Premium for optional covers, Rider and taxes) as discount from 1<sup>st</sup> Renewal of the Policy. Carry forward of earned Reward Points shall not be allowed.</p>	D.II.6
		<p><b>20. Discount from Network Providers</b>  Discount on Pharmacy, Diagnostics and Health Supplements offered by the Network Providers of ManipalCigna Health Insurance Company Limited</p>	D.II.7
		<p><b>21. Premium Waiver Benefit</b>  Waives off one year Policy Premium (including premium for optional covers, rider and taxes) upon occurrence of any of the listed contingencies (Accidental death/ listed Critical Illnesses) to the Policyholder who is also an Insured Person in the Policy.</p>	D.II.8
		<p><b>Optional Packages (Applicable only if opted)</b>  <b>This section lists the available optional packages under your plan and the limits under each of these options. The limits specified under these optional packages shall override the applicable limits mentioned as part of base cover for the respective coverages.</b></p>	
		<p><b>1. Enhance</b>  <b>A. Maternity &amp; New Born Hospitalization Expenses</b>  a. Maternity Cover (up to maximum 2 deliveries or terminations) -  Covered up to 10% of Sum Insured Opted subject to a maximum of ₹1 Lac in addition to the Sum Insured opted</p>	D.III.3.i.A

	<p>b. New Born Baby - Coverage for the In-patient hospitalization expenses of a new born up to the limit provided under Maternity Expenses</p> <p>c. First Year Vaccination Covered as per national immunization program, up to the limit provided under Maternity Expenses</p> <p><b>B. Room Accommodation upgrade</b> The Insured Person shall be eligible to upgrade the room type category eligibility under the Policy to “Any Room Category” in a Hospital.</p>	<p>D.III.3.i.B</p> <p>D.III.3.i.C</p> <p>D.III.3.ii</p>
	<p><b>2. Freedom (Applicable to Indian Residents only)</b></p> <p><b>A. Room Accommodation upgrade</b> The Insured Person shall be eligible to upgrade the room type category eligibility under the Policy to “Any Room Category” in a Hospital.</p> <p><b>B. Worldwide Emergency Hospitalization with Outpatient Cover</b> Covered up to Sum Insured opted for Emergency In-patient Hospitalization or Emergency Outpatient outside India. Any claim payable under this benefit is over and above the Sum Insured.</p>	<p>D.III.4.i</p> <p>D.III.4.ii</p>
	<p><b>Optional Covers (Available if opted)</b> <b>This section lists the available optional covers under your plan and the limits under each of these options</b></p> <p><b>1. Non-Medical Items</b> Non-Medical items covered up to the Sum Insured opted in case of In-patient Hospitalization and/or Day Care Treatment.</p> <p><b>2. Infertility Treatment</b> Infertility Cover (Available if D.III.3 ‘Enhance’ optional package is opted and for Sum Insured ₹7.5 Lacs and above) Covered for Infertility Expenses up to ₹2.5 Lacs in addition to Maternity Sum Insured under Maternity Cover. Maximum upto 2 successful procedures shall be covered during the lifetime of the eligible Insured person and the coverage shall terminate thereafter. Waiting period of 36 months shall apply for this cover. The cover shall cease upon the eligible Insured Person attaining 60 years of age.</p> <p><b>3. Personal Accident Cover</b> Lump sum benefit equal to two times of Sum Insured subject to a maximum of ₹50 Lacs in case of Accidental Death or Permanent Total Disablement of Insured Member due to accident.</p> <p><b>4. Cumulative Bonus Booster</b> A guaranteed bonus of 50% increase in Sum Insured for every Policy Year irrespective of claims, subject to a maximum accumulation up to 200% of the Sum Insured This benefit is applicable for Sum Insured of ₹5 Lacs and above. Opting for this Benefit will replace the Cumulative Bonus in the Base Cover.</p>	<p>D.IV.1</p> <p>D.IV.3</p> <p>D.IV.4</p> <p>D.IV.5</p>

		<p><b>Add on cover(Rider) (Applicable only if opted)</b>  <b>This section lists the Add on cover available under your plan</b></p> <p><b>1. ManipalCigna Critical Illness Add on (UIN: MCIHLIP21128V022021):</b>  Lump sum payment of Sum Insured, upon diagnosis of a Critical Illness listed under Add on policy wordings.</p> <p><b>2. ManipalCigna Prime Plus (UIN: MCIHLIA25005V012425)</b>  <b>Rider 1: Room Rent Modification</b>  The Insured Person shall be eligible to modify the room type category eligibility under the Policy as follows:  Option 1: Any room; ICU Up to Sum Insured  Option 2: Twin Sharing AC room; ICU Up to Sum Insured</p> <p><b>Rider 2: Surplus Benefit</b>  Additional 100% of Sum Insured, available from day 1 for 1st claim only, in each policy year.</p> <p><b>Rider 3: Supreme Bonus</b>  Guaranteed Cumulative Bonus of 100% of Base Sum Insured each policy year; subject to a maximum of 800% of the Base Sum Insured.</p> <p><b>Rider 4: Premium Management Cover</b>  Once opted below benefits shall not be available in base product.</p> <ol style="list-style-type: none"> <li>1. Air Ambulance Cover</li> <li>2. Bariatric Surgery Cover</li> <li>3. Daily Cash for Shared Accommodation</li> <li>4. Health Check Up</li> <li>5. Domestic Second Opinion</li> <li>6. Tele Consultation</li> <li>7. Premium Waiver Benefit</li> </ol>	<p>Add on policy wordings</p>
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6	<b>Exclusions (What the policy does not cover)</b>	<ol style="list-style-type: none"> <li>1. Investigation &amp; Evaluation - Code - Excl. 04</li> <li>2. Rest Cure, rehabilitation and respite care - Code - Excl. 05</li> <li>3. Obesity/ Weight Control: Code - Excl. 06</li> <li>4. Change-of-Gender treatments: Code - Excl. 07</li> <li>5. Cosmetic or plastic Surgery: Code - Excl. 08</li> <li>6. Hazardous or Adventure sports: Code - Excl. 09</li> <li>7. Breach of law: Code - Excl. 10</li> <li>8. Excluded Providers: Code - Excl. 11</li> <li>9. Treatment for, Alcoholism, drug or substance abuse or any addictive condition and consequences thereof. Code - Excl. 12</li> <li>10. Treatments received in health hydros, nature cure clinics, spas or similar establishments or private beds registered as a nursing home attached to such establishments or where admission is arranged wholly or partly for domestic reasons. Code - Excl. 13</li> <li>11. Dietary supplements and substances that can be purchased without prescription, including but not limited to Vitamins, minerals and organic substances unless prescribed by a Medical Practitioner as part of hospitalization claim or day care procedure. Code - Excl. 14</li> <li>12. Refractive Error: Code - Excl. 15</li> <li>13. Unproven Treatments: Code - Excl. 16</li> <li>14. Sterility and Infertility: Code - Excl. 17</li> <li>15. Maternity: Code - Excl. 18</li> <li>16. External Congenital Anomaly or defects or any complications or conditions arising therefrom.</li> <li>17. Dental treatment, orthodontic treatment, dentures or Surgery of any kind unless necessitated due to an Accident and requiring minimum 24 hours Hospitalization. Treatment related to gum disease or tooth disease or damage unless related to irreversible bone disease involving the jaw which cannot be treated in any other way, unless specifically covered under the Policy.</li> <li>18. Circumcision unless necessary for treatment of a disease, illness or injury not excluded hereunder or due to an accident.</li> <li>19. Instrument used in treatment of Sleep Apnea Syndrome (C.P.A.P.) and Continuous Peritoneal Ambulatory Dialysis (C.P.A.D.) and Oxygen Concentrator for Bronchial Asthmatic condition, Infusion pump or any other external devices used during or after treatment.</li> <li>20. Prostheses, corrective devices and medical appliances, which are not required intra-operatively for the disease/ illness/ injury for which the Insured Person was Hospitalized.</li> </ol>	E.I.4 to E.I.18 and E.II.7 to E.II.21
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		<p>21. Any stay in Hospital without undertaking any treatment or any other purpose other than for receiving eligible treatment of a type that normally requires a stay in the hospital</p> <p>22. Treatment received outside India other than for coverage under D.III.4.ii Worldwide Emergency Hospitalization with Outpatient Cover under Freedom optional package if opted.</p> <p>23. Costs of donor screening or costs incurred in an organ transplant surgery involving organs not harvested from a human body subject to conditions mentioned in D.I.7 'Organ Donor'.</p> <p>24. Any form of Non-Allopathic treatment (except AYUSH Treatment), Hydrotherapy, Acupuncture, Reflexology, Chiropractic treatment or any other form of indigenous system of medicine.</p> <p>25. All Illness/expenses caused by ionizing radiation or contamination by radioactivity from any nuclear fuel (explosive or hazardous form) or from any nuclear waste from the combustion of nuclear fuel nuclear, chemical or biological attack or in any other sequence to the loss.</p> <p>26. All expenses caused by or arising from or attributable to foreign invasion, act of foreign enemies, hostilities, warlike operations (whether war be declared or not or while performing duties in the armed forces of any country), participation in any naval, military or air-force operation, civil war, public defense, rebellion, revolution, insurrection, military or usurped power, active participation in riots, confiscation or nationalization or requisition of or destruction of or damage to property by or under the order of any government or local authority.</p> <p>27. All non-medical expenses including convenience items for personal comfort not consistent with or incidental to the diagnosis and treatment of the disease/illness/injury for which the Insured Person was hospitalized - belts, collars, splints, slings, braces, stockings of any kind, diabetic footwear, thermometer and any medical equipment that is subsequently used at home except when they form part of room expenses, procedure charges and cost of treatment. For complete list of Non-medical expenses, please refer to the Annexure III List - I "Items for which Coverage is not available in the Policy"</p> <p>28. Any deductible amount or percentage of admissible claim under co-pay if applicable and as specified in the Policy Schedule.</p> <p>29. Pre-existing condition disclosed by the Insured Person will be reviewed according to the company's underwriting policy.</p>	
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	<ul style="list-style-type: none"> <li>• Co-payment (it is a specified amount percentage of admissible claim amount to be paid by policyholder / insured).</li> <li>• Deductible (It is specified amount: <ul style="list-style-type: none"> <li>- up to which and insurance company will not pay any claim, and</li> <li>- which will be deducted from total claim amount (if claim amount is more than specified amount)</li> </ul> </li> <li>• Any other limit (as applicable)</li> </ul>	<p>3. Co- Payment - Xxxx % *Zonal Co-payment Identification of Zone will be based on the location-City of the proposed Insured Persons.</p> <p>a) Persons paying Zone I premium can avail treatment all over India without any Zonal Co-pay</p> <p>b) Persons paying Zone II premium</p> <p>i. Can avail treatment in Zone II and Zone III without any Zonal Co-pay</p> <p>ii. Availing treatment in Zone I will have to bear 10% of each and every claim.</p> <p>c) Person paying Zone III premium</p> <p>i. Can avail treatment in Zone III, without any Zonal Co-pay</p> <p>ii. Availing treatment in Zone II will have to bear 10% of each and every claim.</p> <p>iii. Availing treatment in Zone I will have to bear 20% of each and every claim.</p> <p>Aforesaid Co-payments for claims occurring outside of the Zone will not apply in case of Hospitalization due to Accident.</p> <p>4. Deductible - Deductible of ₹Xxx per policy year on aggregate basis</p>	F.II.9
9	<b>Claims/Claims procedure</b>	<p>Details of procedure to be followed for cashless services as well as for reimbursement of claim including pre and post hospitalization: To know the process for our cashless and reimbursement claims visit - <a href="https://www.manipalcigna.com/claims">https://www.manipalcigna.com/claims</a></p> <p>Turn Around Time (TAT) for claim settlement</p> <p>i. TAT for pre-authorization of cashless facility - within 1 hours from the last complete document.</p> <p>ii. TAT for cashless final bill settlement - within 3 hours from the last complete document.</p> <p>Web links for the followings:</p> <p>i. Network hospital details - <a href="https://www.manipalcigna.com/locate-us">https://www.manipalcigna.com/locate-us</a></p> <p>ii. Helpline Number - <a href="https://www.manipalcigna.com/claims">https://www.manipalcigna.com/claims</a></p> <p>iii. Hospital which are blacklisted or from where no claims will be accepted by insurer-<a href="https://www.manipalcigna.com/locate-us">https://www.manipalcigna.com/locate-us</a></p> <p>iv. Link for downloading claim form - <a href="https://www.manipalcigna.com/downloads/claims">https://www.manipalcigna.com/downloads/claims</a></p>	G.I
10	<b>Policy Servicing</b>	<p>For hassle free policy servicing customer can manage their policy by clicking on-<a href="https://eservicing.manipalcigna.com/login">https://eservicing.manipalcigna.com/login</a> or Download myManipalCigna App from Playstore or appstore</p>	

11	Grievances/ Complaints	<p><b>LEVEL 1</b>  <b>Health Relationship Managers</b>  Call our toll-free number 1800-102-4462 between 9:00 AM to 9:00 PM.  Email us at <a href="mailto:headcustomercare@manipalcigna.com">headcustomercare@manipalcigna.com</a>  For Senior Citizen Assistance: <a href="mailto:Seniorcitizensupport@ManipalCigna.com">Seniorcitizensupport@ManipalCigna.com</a></p> <p><b>LEVEL 2</b>  <b>Grievance Redressal Officer</b>  Call us on 022-71781389 between 10 am to 6 Pm (Monday to Friday)  Email us at - <a href="mailto:complaints@manipalcigna.com">complaints@manipalcigna.com</a></p> <p><b>LEVEL 3</b>  <b>Chief Grievance Redressal</b>  Call us on 022-71781300 between 10 am to 6 Pm (Monday to Friday)  Email us at - <a href="mailto:Complaine@manipalcigna.com">Complaine@manipalcigna.com</a>  For Senior Citizen Assistance: <a href="mailto:Seniorcitizensupport@ManipalCigna.com">Seniorcitizensupport@ManipalCigna.com</a></p> <p><b>LEVEL 4</b>  <b>Approach Ombudsman</b>  The office Name and address details applicable for your state can be obtained from <a href="https://www.cioins.co.in/Ombudsman">https://www.cioins.co.in/Ombudsman</a></p> <p><b>Courier:</b> Any of Our Branch office or corporate office during business hours.  Insured Person may also approach the grievance cell at any of company's branches with the details of the grievance. If Insured Person is not satisfied with the redressal of grievance through one of the above methods, insured person may contact the grievance officer at,  'The Grievance Cell,  ManipalCigna Health Insurance Company Limited,  Techweb center 2nd Floor New Link Rd,  Anand Nagar, Jogeshwari West, Mumbai, Maharashtra 400102, India or  <b>Email:</b> <a href="mailto:headcustomercare@manipalcigna.com">headcustomercare@manipalcigna.com</a>.  For updated details of grievance officer, kindly refer link - <a href="https://www.manipalcigna.com/grievance-redressal">https://www.manipalcigna.com/grievance-redressal</a> If Insured person is not satisfied with the redressal of grievance through above methods, the Insured Person may also approach the office of Insurance Ombudsman of the respective area/region for redressal of grievance as per Insurance Ombudsman Rules 2017. The contact details of Ombudsman offices attached as Annexure I to this Policy document. Grievance may also be lodged at IRDAI complaints management system - <a href="https://bimabharosa.irdai.gov.in/">https://bimabharosa.irdai.gov.in/</a></p> <p>You may also approach the Insurance Ombudsman if your complaint is open for more than 30 days from the date of filing the complaint</p>	F.I.16
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12	Things to remember	<p><b>Free Look Cancellations:</b> The Free Look period shall be applicable on new individual health insurance policies and not on renewals or at the time of porting/migrating the policy. The insured person shall be allowed a free look period of 30 days from date of receipt of the policy document to review the terms and conditions of the policy and to return the same if not acceptable, If the insured has not made any claim during the Free Look Period.</p> <p>To avail:</p> <ul style="list-style-type: none"> <li>- Customer can request for cancellation writing to - <a href="mailto:customercare@manipalcigna.com">customercare@manipalcigna.com</a> from the registered email id with us. OR</li> <li>- Customer can also visit any MCHI Branch and give a written request</li> </ul> <p><b>Policy Renewal:</b> The policy shall ordinarily be renewable except on grounds of established fraud, misrepresentation, non-disclosure by the insured person.</p> <p><b>Migration:</b> The Insured Person will have the option to migrate the Policy to other health insurance products/plans offered by the company by applying for migration of the policy at least 30 days before the policy renewal date as per IRDAI guidelines on Migration. If such person is presently covered and has been continuously covered without any lapses under any health insurance product/plan offered by the company, the insured person will get the accrued continuity benefits to the extent of the Sum Insured, No Claim Bonus, Specific Waiting periods, waiting period for pre-existing diseases, Moratorium period etc. as per IRDAI guidelines on migration.</p> <p>To avail:</p> <ul style="list-style-type: none"> <li>- Customer can share for migration of the policy 30 days prior to the renewal date by writing to - <a href="mailto:customercare@manipalcigna.com">customercare@manipalcigna.com</a> from an email registered with us OR</li> <li>- Visit nearest ManipalCigna Branch and submit a written request OR</li> <li>- Contact the intermediary/agent assigned to the customer for assistance</li> </ul> <p><b>Portability:</b> The Insured Person will have the option to port the Policy to other insurers by applying to such insurer to port the entire policy along with all the members of the family, if any, at least 30 days before, but not earlier than 60 days from the policy renewal date as per IRDAI guidelines related to portability. If such person is presently covered and has been continuously covered without any lapses under any health insurance policy with an Indian General/Health insurer, the proposed Insured Person will get all the accrued continuity benefits to the extent of the Sum Insured, No Claim Bonus, Specific Waiting periods, waiting period for pre-existing diseases, Moratorium period etc. as per IRDAI guidelines on portability.</p>	<p>F.I.15</p> <p>F.I.10</p> <p>F.I.8</p> <p>F.I.9</p>
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		<p>To avail:</p> <ul style="list-style-type: none"> <li>- Customer can share for portability of the policy 30 days prior to the renewal date by writing to - <a href="mailto:customercare@manipalcigna.com">customercare@manipalcigna.com</a> from an email registered with us OR</li> <li>- Visit nearest ManipalCigna Branch and submit a written request OR</li> <li>- Contact the intermediary/agent assigned to the customer for assistance</li> </ul> <p><b>Change in Sum Insured:</b> It will be allowed at the time of Renewal of the Policy. You can submit a request for the changes by filling the proposal form before the expiry of the Policy. We reserve Our right to carry out underwriting in relation to acceptance of request for change of Sum Insured</p> <p><b>Moratorium Period:</b> After completion of 60 continuous months of coverage (including Portability and Migration) in health insurance policy, no Policy and claim shall be contestable by the Insurer on grounds of non-disclosure, misrepresentation, except on grounds of established fraud. This period of 60 continuous months is called as moratorium period. The moratorium would be applicable for the Sums Insured of the first Policy and subsequently completion of 60 continuous months would be applicable from date of enhancement of Sums Insured only on the enhanced limits. The policies would however be subject to all limits, sub limits, co-payments, deductibles as per the policy contract.</p>	<p>F.II.8 g</p> <p>F.I.12</p>
13	<b>Your Obligations</b>	<p><b>Disclosure of Information</b></p> <p>a. The Policy shall be null and void, and all premium paid thereon shall be forfeited to the Company in the event of any misrepresentation or mis-description of any material fact by the policyholder.</p> <p>b. The Policy shall be null and void, and all premium paid thereon shall be forfeited to the Company in the event of non-disclosure of any material fact by the policyholder. ("Material facts" for the purpose of this Policy shall mean all relevant information sought by the company in the proposal form and other connected documents to enable it to take informed decision in the context of underwriting the risk)</p>	F.I.1

**Declaration by the Policy Holder:**

I have read the above and confirm having noted the details.

Place: \_\_\_\_\_

Date: \_\_\_\_\_

(Signature of Policyholder)

**Note:**

- Insured/policyholder can get the product related document at <https://eservicing.manipalcigna.com/document-vault>
- In case of any conflict, the terms conditions mentioned in the policy document shall prevail.

(Benefits and exclusion are applicable as per the plan chosen, please refer the policy schedule for the applicable benefits).