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As per recent regulatory mandate, nomination details are mandatory to be provided by the customers. Please provide your nominee details urgently by emailing us at customercare@manipalcigna.com; contacting us on 1800-102-4462, or visit our nearest branch.

In the event of death of the Proposer, any payment due under the Policy shall become payable to the nominee, as per the 'Nomination' clause defined by the IRDAI and the receipt of the proceeds by such nominee would be sufficient discharge to the Company. For all other persons covered under the Policy, the Proposer will be the nominee.

*AMinor should not be declared as Appointee.

III. POLICY/PLAN DETAILS*:

Tenure*: 1 Year 2 Years 3 Years	Proposed Policy Period: From D D M M Y Y Y At : Hrs
	(Must be on or later than instrument date/ premium payment date)

IV. MEDICAL AND LIFESTYLE INFORMATION*:
Please answer the below mentioned questions in Yes (Y) / No (N). If the answer to any of the questions is Yes, please provide complete details in the table for additional

	cal information.	or to arry or	trie question	13 13 1 C3, ph	sase provid	ie complete	uctans in th	e table for a	idditional
Ме	dical questions	Insured 1	Insured 2	Insured 3	Insured 4	Insured 5	Insured 6	Insured 7	Insured 8
Q1	Has any of the applicant ever been diagnosed with or suspected to have < <cancer alzheimer's="" angina="" artery="" arthritis="" attack="" b,="" brain="" bronchitis="" cerebral="" chronic="" cirrhosis="" colitis="" coronary="" crohn's="" disease="" disease,="" diseases="" emphysema.="" epilepsy="" failure="" fits="" heart="" hepatitis="" intestitial="" ischemic="" kidney="" liver="" lung="" multiple="" or="" palsy="" paralysis="" parkinsonism="" pneumoconiosis="" rheumatoid="" sclerosis="" stroke="" tumor="" ulcerative="">> (If Yes, tick against the disease)</cancer>	YES NO	YES	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
i	Cancer	YES	YES	YES NO	YES	YES NO	YES	YES	YES
ii	Rheumatoid Arthritis / Ulcerative Colitis / Crohn's disease	YES	YES	YES	YES	YES	YES	YES	YES
iii	Chronic Liver Disease, Hepatitis B, Cirrhosis	YES	YES	YES	YES	YES NO	YES	YES	YES
iv	Chronic Kidney Disease / Kidney failure	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
v	Diseases of the Brain - Epilepsy/Fits/Stroke/Paralysis/Parkinsonism /Alzheimer's/Multiple sclerosis/Brain Tumor/ Cerebral Palsy	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
vi	Diseases of Heart - Heart Failure/Heart Attack/Angina/Coronary Artery Disease/Ischemic Heart Disease	YES NO	YES NO	YES NO	YES	YES NO	YES NO	YES NO	YES NO
vii	Chronic diseases of the Lungs - Chronic Bronchitis/ Intestitial Lung Diseases/ Pneumoconiosis/ Emphysema	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
Q2	Has any member ever suffered or currently suffering from or under treatment (operated, hospitalised, investigated) or been under medication for more than a week for any medical condition.	YES	YES NO	YES NO	YES NO	YES NO	YES NO	YES	YES NO
i	Diabetes Mellitus	YES NO	YES	YES NO	YES	YES NO	YES NO	YES NO	YES NO
1	How does the applicant manage his/her diabetes / pre-diabetes?								
а	Insulin								
b	Oral diabetic medication								
С	No medicine								
d	Any other treatment								
2	How many medicines does the applicant take to manage his/her diabetes/pre-diabetes?								
а	No medicine								
b	One medicine								
С	Two medicines								
d	Three or more medicines								
3	When was the applicant first diagnosed with diabetes / pre-diabetes?								
а	1-5 years								
b	5 - 10 Years								
С	10 - 15 years								
d	More than 15 Years								
ii	Hypertension	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO	YES NO
1	How does the applicant manage his/her Hypertension / High Blood Pressure?								
а	No medicine								
b	One medicine								
C	Two medicines								
d 2	Three or more medicines When was the applicant first diagnosed with Hypertension / High Blood Pressure?								
а	1-5 years								
b	5 - 10 Years								
С	10 - 15 years								
d	More than 15 Years								
iii	High Cholesterol	YES NO	YES	YES	YES NO	YES NO	YES NO	YES	YES NO
1	Is any of the applicant under medication for high cholesterol / high								

а	Yes										
b	No										
			YES	YE	s	YES	YES	YES	YES	YES	YES
iv	Thyroid disorders		NO	NC	5	NO	NO	NO	NO	NO	NO
1	Which thyroid disorder is the applicant suffering from?										
а	Goitre				1						
b	Hyperthyroidism (high thyroid activity)				\dashv						
С	Hypothyroidism (low thyroid activity)				1						
d	Other thyroid disorders				+						
<u>е</u>	Thyroid Nodule										
f	Thyroditis				-						
	·				-						
g	Any other	Щ	_		_	Ц	Щ	Ц	Щ	Щ	
٧	Heart and Lung disorders		YES	YE		YES	YES	YES	YES	YES	YES
			NO	NC)	NO	NO	NO	NO	NO	NO
1	Asthma				\dashv						
2	Tuberculosis				\dashv						
3	Upper Respiratory Tract Infection				_						
4	Lower Respiratory Tract Infection										
5	Varicose veins										
6	DVT (Deep vein thrombosis)										
7	Syncope										
8	Hypotension (Low Blood Pressure)										
9	Varicocele										
10	Lung Abscess										
11	Allergic Bronchitis										
12	Any other heart and lung condition										
			YES	YE	s	YES	YES	YES	YES	YES	YES
vi	Digestive system disorders (Stomach and related organs)		NO	NC		NO	NO	NO	NO	NO	NO
1	Peptic ulcer (Ulcer in stomach or duodenum)				+						
2	Appendicitis				1						
3	Cholecystitis/Cholelithiasis (Gall Bladder stones)										
4	Hemorrhoids(Piles)										
5	Anal Fissure				\top						
6	Anal Fistula										
7	Pancreatitis				T						
8	Umbilical Hernia (Hernia at navel)										
9	Inguinal Hernia (Hernia in groin)										
10	Irritable bowel syndrome										
11	Fatty liver										
12	Anyother				_						
	Desire as an and Describit Asia (Mantal) disconders		YES	YE	s	YES	YES	YES	YES	YES	YES
vii	Brain, nerve and Psychiatric (Mental) disorders		NO	NC	o	NO	NO	NO	NO	NO	NO
1	Recurring or severe headaches / Migraine										
2	Febrile Convulsions										
3	Vertigo (Recurrent dizziness)										
4	Encephalitis										
5	Mental Retardation										
6	Anxiety				_						
7	Depression				_						
8	Psychosis										
9	Any other psychological disorders										
10	Dementia (Memory loss)				_						
11	Attention deficit Disorder										
12	Any other	14	7.		-	<u> </u>	<u> </u>			Ц	Ц
viii	Other Endocrine (Hormonal) disorders		YES	YE		YES	YES	YES	YES	YES	YES
			NO	NC		NO	NO	NO	NO	NO	NO
1	Parathyroid gland disorders										
2	Adrenal Disorder										
3	Pituitary Disorders										
iv	Pone joints and musels discarders		YES	YE	s	YES	YES	YES	YES	YES	YES
ix	Bone, joints and muscle disorders		NO	NC	o	NO	NO	NO	NO	NO	NO

1	Gout / Hyperuricemia (high uric acid in blood)				[[
2	Osteoarthiritis													
3	Shoulder Dislocation													
4	Spondylitis / Spondylosis													
5	Osteoporosis													
6	Prolapse of Inter-vertebral disc (disc prolapse)				[
7	Total Knee Replacement				[
8	Total Hip Replacement				[
9	Anyother													
х	Ear, nose, eye and throat disorders	YES NO		YES		YES NO		YES NO		YES NO		YES	YES	YES
1	Otitis-media (middle ear infection)													
2	Hearing loss				[
3	Nasal Polyp													
4	Sinusitis				[
5	Deviated Nasal Septum				[
6	Tonsillitis				[
7	Pharyngitis (throat infection)													
8	Cataract													
9	Glaucoma				[_								
10	Vocal Cord Nodule													
11	Any other].v= -	Щ.	7	Щ.	7×	Щ.		Щ.] \ z= -	Щ.]>c= -		
хi	Genito-urinary and Gynaecological disorders	YES NO		YES		YES NO		YES NO		YES		YES	YES NO	YES
1	Kidney / bladder stones				[[
2	Recurrent Urinary tract infection				[
3	Stricture Urethra				[[
4	Cytitis/Infection of urinary bladder				[[
5	Urinary incontinence				[[
6	Benign Hypertrophy of Prostate				[[
7	Hydrocele				[[
8	Torsion of testes				[
9	Phimosis				[[
10	Breast lump / Cyst / abscess				[
11	Ovarian cyst				[
12	Endometriosis				[
13	Fibroid Uterus				[
14	Menstrual disorder / irregular or excessive bleeding				[
15	Bartholin's abscess / cyst				[
16	Vaginal prolapse				[[
17	Cervical polyp				[
18	Any other													
	Discribed and related the code of	YES		YES	YES	YES								
xii	Blood and related disorders	NO		NO	NO	NO								
1	Anaemia				[
2	Thalassaemia													
3	Sexually transmitted diseases				[
4	HIV/AIDS (Acquired Immuno-deficiency syndrome)				[[
xiii	Skin disorders	YES NO		YES NO	YES NO	YES NO								
1	Psoriasis				[[
2	Eczema													
3	Dermatitis													
4	Urticaria													
5	Vitiligo				[
6	Cyst/ lump/ growth / polyp / tumour				[[
7	Any other													
		YES		YES		YES	Y	'ES		YES		YES	YES	YES
xiv	Any other condition / illness / disorder / surgery	NO		NO		NO		10		NO		NO	NO	NO
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Q3	Has any of the applicants recommended to undergo or has undergone any pathologic or radiologic tests for any illness other than the ones listed above and routine or annual health check-up?	YE		YES	YES	YES	YES	YES	YES NO
Q4	Is any applicant currently not in good health and undergoing any Investigation or treatment or medication for any illness or medical condition (Physical/ Mental/ Sleep disorders)?	YE		YES NO					
Habi	ts and Lifestyle questions	Insure	d 1 Insured 2	Insured 3	Insured 4	Insured 5	Insured 6	Insured 7	Insured 8
Q5	Does any of the insured/s chew tobacco/ smoke/ consume alcohol? Please tick the relevant box(es) below	YE		YES NO	YES NO	YES NO	YES NO	YES	YES NO
Α	Smoke	YE		YES NO	YES NO	YES NO	YES NO	YES	YES NO
1	Since how long does the applicant smoke								
а	<=20 years								
b	>20 years								
В	Tobacco	YE		YES NO	YES NO	YES NO	YES NO	YES	YES NO
1	How many Pan masala / gutka packets does the applicant has in a day								
а	1-3 packets/day								
b	4-6 packets/day								
С	>6 packets/day								
С	Alcohol	YE		YES NO					
1	How frequently does the applicant consume alcohol								
а	1-3 days/ week								
b	3-6 days / week								
С	Daily								
Man	ipalCigna Critical Illness Add on Cover	Insure	d 1 Insured 2	Insured 3	Insured 4	Insured 5	Insured 6	Insured 7	Insured 8
Q6	Have any first degree relatives (i.e. parents, brothers, sisters or children) of any of the applicants (who are not themselves applicants for this insurance policy) had cancer, motor neuron disease or any other hereditary disorders	YE		YES NO	YES	YES	YES	YES NO	YES NO

V. ADDITIONAL MEDICAL INFORMATION:

If answers to Q2 are 'Yes', please provide further details below. Please attach extra sheets if required.

Sr.No.	Additional Medical Information	Insured 1	Insured 2	Insured 3	Insured 4	Insured 5	Insured 6	Insured 7	Insured 8
a.	Exact Diagnosis								
b.	Year of diagnosis								
C.	Treatment taken: Surgical/ Medical / No treatment / Defaulter (left treatment on own)								
d.	Current status - Cured/ On treatment / Pending surgery or treatment								
e.	Complications/ Recurrences - Yes/No								
f.	Last consultation date - "Month/Year" to be provided								
g.	Histopathology Examination Report (only for surgical) - No abnormality, Malignancy/borderline malignancy/ Tuberculosis								

Signature of Proposer *:

(A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch)

VI. PREVIOUS INSURANCE DETAILS:

Please fill the following details with respect to health insurance policies(s) currently or held with the Company or any other insurance company (Individual or Group)?

Insured	Policy No.	Type of Policy e.g. Mediclaim, PA, CI, Hospital Cash	Insurer Name	From Date	To Date	Sum Insured	(Claim Details			mulative ıs Earned	Has any proposal for life, health, hospital daily cash or critical illness insurance on the life of the applicant ever been declined, postponed, loaded or been made subject to any special conditions such as
							Claim Number	Claimed Amount	Ailment	%	Amount	exclusions by any insurance company?
Insured 1												YES NO
Insured 2												YES NO
Insured 3												YES NO
Insured 4												YES NO
Insured 5												☐ YES ☐ NO
Insured 6												☐ YES ☐ NO
Insured 7												YES NO
Insured 8												☐ YES ☐ NO

VII. Current Insurance Details

In the unfortunate event of claim, the below information will facilitate Us, in case you have chosen Us as a Primary insurer to coordinate with other insurers to ensure the $has sle\,free\,settlement\,of\,your\,claim\,as\,per\,the\,applicable\,policy\,terms\,and\,conditions.$

Please fill the following details with respect to health indemnity insurance policies(s) currently with any other insurance company?

Insured	Policy No	Insurer Name	From Date	To Date	Sum Insured	Cumulative Bonus Earned	
						%	Amount
Insured 1							
Insured 2							
Insured 3							
Insured 4							
Insured 5							

For active policies, please attach policy copies.
Insured wise information required with all the above information in 'current Insurance Details'.

VIII. PAYMENT DETAILS*:

Premium Paid by :	<first></first>	<middle></middle>	<last></last>	Relationship to Proposer:				
Premium Amount :		in Wor	ds					
Signature :								
Payment Option: Cheque	Demand Draft	Pay Order Credit Card	Debit Card	Cash	BASBA ^{\$}			
For Cheque / DD / Credit Card/ Proposal form No.	Debit Card/ PO/ Others ()	Please specify)	(Payable in favour of "	ManipalCigna Health Insura	nce Company Limited" –			
I hereby give my consent and authorize my Bank to block the premium amount payable and debit the same from my Account under Bima-ASBA* facility on acceptance of my Proposal for Insurance by ManipalCigna Health Insurance Company Limited.								
BASBA/ Bima-ASBA - Bim	na Applications Supporte	d by Blocked Amount						
Instrument / Transaction Number : Instrument/Transaction Date: D D M M Y Y Y								
Instrument /Transaction Amount	:							
Bank Name	:							
Payment to be collected only from Propo	osers Card/Bank Account							

IX. BANK ACCOUNT DETAILS*: Mandatory details required to process all payment due in relation to your policy including refunds (if any) and / or claims directly to your bank account. Please select any one of the below options as applicable. Bank details as per premium cheque to be used for electronic fund transfer/refund. Bank account details as mentioned on the cheque being submitted along with the Proposal Form towards premium payment for insurance Policy should be used by the Company for electronic fund transfer as mode of payment. Please fill the below table if the premium payment cheque does not have all the details required for electronic fund transfer. Particulars of Bank Account*: Account Number: IFSC/MICR Code: Name of the Bank: Account Holder Name: I agree and undertake to intimate in writing to ManipalCigna Health Insurance Co. Ltd about any change in bank account details. I also hereby certify that the particulars furnished above are correct to the best of my knowledge. DISCLAIMER: ManipalCigna shall not be liable to anybody, in any manner, whatsoever if the NEFT transaction does not complete for any reason whatsoever including without limitation- failure on part of the Bank/s involved to perform any of their obligations for aforesaid NEFT transaction or incomplete/incorrect information by Customer/Policy Holder. Aforesaid NEFT transaction shall be governed by applicable Reserve Bank of India rules, directions & guidelines and shall be subject to participating Bank user terms and conditions related to NEFT facility. ManipalCigna shall be indemnified against any loss/damage/claims caused to ManipalCigna in carrying out your aforesaid NEFT instructions. Instructions: It is important for these electronic payment systems that the Policy Holder's name in the Policy must exactly match with the name in the Bank Account records/details given above. In cases where beneficiary's bank account number & name is printed on the cheque, bank attestation is not required. For all other cases bank attested NEFT mandate is required. The customer who is willing to transfer the funds will be required to provide the 11 digits valid IFS Code, which is applicable for NEFT only. (a number allotted to each participating banks branch) of the branch where the funds need to be transferred. Cancelled cheque should be attached along with the NEFT format. In case cancelled blank cheque does not bear account holder's name, please provide photocopy of bank statement / passbook with latest entries updated or else Bank attestation is required. NEFT Form needs to be complete in all respect. Signature of Proposer *: Date: (A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch)

X. DECLARATION & AUTHORISATION*: I/We hereby declare, on my behalf and on behalf of all persons proposed to be insured, that the above statements, answers and/or particulars given by me are true and complete in all respects to the best of my knowledge and that I/We am/are authorised to propose on behalf of these other persons. I understand that the information provided by me will form the basis of the insurance policy, is subject to the Board approved underwriting policy of the insurance company and that the policy will come into force only after full receipt of the premium chargeable. I/We further declare that I/We will notify in writing any change occurring in the occupation or general health of the life to be insured/proposer after the proposal has been submitted but before communication of the risk acceptance by the company. I/We declare and consent to the company seeking medical information from any doctor or from a hospital who at anytime has attended on the life to be insured/proposer or from any past or present employer concerning anything which affects the physical or mental health of the life to be assured/proposer and seeking information from any insurance company to which an application for insurance on the life to be assured/proposer has been made for the purpose of underwriting the proposal and/or claim I/We authorize the company to share information pertaining to my proposal including the medical records for the sole purpose of proposal underwriting and/or claims settlement and with any Government and/or Regulatory authority, including seeking and/or sharing of my medical data through ABHA. I hereby provide my/our explicit and informed consent to Company or its representatives to contact me and members insured under the Policy (including overriding my registration on NCPR/NDNC and/or under any extant TRAI regulations) and / or notify about the services being rendered by the Company. I/We, hereby agree that the PAN details and other information provided by me/us in the proposal form maybe used by the Company or its authorized representatives to access/download/verify/register/ update my/our KYC documents on/from the CERSAI* CKYC portal for processing this application and for any servicing, claims and other requests. (*Central Registry of Securitisation and Asset Reconstruction and security Interest of India.) I hereby consent that I may receive information from Central KYC Registry through sms / email on the above registered number/email address related to this proposal / policy. Further, I hereby provide my/our explicit and informed consent to and authorize ManipalCigna Health Insurance Company Limited ("Company") and its representatives to collect, use, share and disclose information including personal information and claim information of all members insured under the Policy ("Personal Information") provided by me, as per the privacy policy of the Company, for the sole purpose of servicing the policy. I also declare that I have the necessary authorization from all members insured under the Policy to collect/ process/ authorize sharing of all Personal Information with the insurance company, insurance intermediaries and associated service providers for sole purpose of insurance policy servicing. I hereby agree to the Terms and Conditions of the policy/ies. Signature of Proposer *: Date: Place: (A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch) XI. VERNACULAR DECLARATION: I hereby declare that, I have fully explained the contents of the proposal form and terms and conditions of the Policy to the Proposer in the language understood to him/her and that the Proposer has affixed the thumb impression above after fully understanding the contents thereof. Signature of Proposer *: Date: D D M M Y (A policyholder or prospect, who is a person with disability, may duly authorize a representative to give declaration on his/her behalf, if required. For further assistance, please visit nearest branch) XII. ADVISOR / INTERMEDIARY DECLARATION*: In my capacity as an Insurance Advisor/ Specified Person of the Corporate Agent/Authorised employee of the Broker/Relationship Officer, do hereby declare that I have explained all the contents of this Proposal Form, including the nature of the questions contained in this Proposal Form to the Proposer including statement(s), information and response(s) submitted by him/her in this Proposal Form to questions contained herein or any details sought herein that will form the basis of the Contract of Insurance between the Company and the Proposer, if this Proposal is accepted by the Company for issuance of the Policy. I further confirm that I have explained the product features, terms and conditions to the prospect and the product opted is suitable to the needs of the customer. I have further explained that if any untrue statement(s)/information/response(s) is/are contained in this Proposal Form/including addendum(s), affidavits, statements, submissions, furnished/to be furnished, the Company shall have the right to vary the benefits which may be payable and further more if there has been a non-disclosure of any material fact, the Policy issued to his/her favour pursuant to this Proposal may be treated by the Company as null and void and all premiums paid under the Policy may be forfeited to the company. License No. / ID (Advisor/Corporate Agent/Broker/Relationship Officer): Signature of Agent: Place: Section 41 of Insurance Act 1938 (Prohibition of rebates):

- 1. No person shall allow or offer to allow, either directly or indirectly, as an inducement to any person to take or renew or continue an insurance in respect of any kind of risk relating to lives or property in India, any rebate of the whole or part of the commission payable or any rebate of the premium shown on the policy, nor shall any person taking out or renewing or continuing a policy accept any rebate, except such rebate as may be allowed in accordance with the published prospectuses or tables of the insurer.
- 2. Any person making default in complying with the provisions of this section shall be liable for a penalty which may extend to ten lakh rupees.

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ACKNOWLEDGEMENT: (Tear Off)							
Received from Ms / Mrs / Mr							
a sum of ₹through Cash/Cheque/D	against your proposal forPolicy.						
Signature of ManipalCigna official / Intermedia	Date:						
ManipalCigna official / Intermediary Name:							
Time: Place:							
Note: Noither the submission of a completed	proposal for incurance or any payment for any Policy sought of	oligo the Company to agree to issue a Policy, which decision					

Note: Neither the submission of a completed proposal for insurance or any payment for any Policy sought oblige the Company to agree to issue a Policy, which decision is and always shall be in the Company's sole and absolute discretion.

If ManipalCigna Health Insurance Company Limited accepts a proposal for insurance, it shall be subject to the board approved underwriting policy of the Company and the Policy terms and conditions of this product and the Company shall have no liability to make any payment if premium is not received by ManipalCigna Health Insurance Company Limited in full and in time, or is not realised.

Should you choose to pay premium by Cash, you are advised to do so only at the nearest ManipalCigna branch or its authorised collection points. Handing over cash to any Advisor/Employee is solely at your own risk and the Company shall in no way be held responsible for any loss in this regard.